

Okaigan Karate Dojo

WRITTEN EXAM FOR 1st BROWN/3rd KYU

This exam is due on or before the test date. This is considered to be the first part of your exam.

You need 100% on this exam in order to take the physical portion of the exam.

No Spelling errors or unanswered questions.

Please type your answers on a separate page.

NAME: _____ AGE: _____

DATE: _____

AMOUNT OF TIME BETWEEN RED BELT EXAM AND BROWN BELT EXAM _____

- Attach a copy of the Brown Belt Exam to this Exam. Highlight or Initial each item that you have learned ALL requirements that are on this exam and that you understand how to perform them all.
- Your service hours should be turned in along with this exam (typed) on a full sheet of paper.

What does Taikyoku mean?

What does Heian Mean?

What does Bassai-Dai mean?

How does Bassai-Dai gets its name?

Is Bassai-Dai a Shorin or Shorei Kata?

What are the important aspects of Bassai-Dai?

Does Bassai-Dai have a “sister” kata? If yes, what is the name?

Why do we step back when we do “Hidari zenkutsu dacha sedan barai”?

Why do we bow before we step on the tatami floor

Why do we bow entering and leaving the dojo?

What is Kata? and Why do we perform it?

What is the name of the punches towards end of kata after kidney strike?

When do you use karate outside of the dojo?

Explain how you have prepared for your brown belts exam, please be detailed in your responses.

Give a brief history of the kata: Bassai Dai.